

eur AuPair GAZETTE

Intercultural Child Care Programs

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WELCOME BACK TO OUR NYC WORKSHOP

After a pause in the in-person New York workshop, due to Covid-19, we are very happy to announce that our New York City workshop is back up and running. What a great start for the first workshop this year. Here is what our Au Pairs say.

By Au Pair Jolene Louw from South Africa with the Simcoe Family in Erie, PA

Excitement, adventure and fun. Three words that sum-up the start of my Au Pair journey and brief week in the Big Apple perfectly. However no journey is ever complete without a little bit of flight drama and confusing airport signs to get the adrenaline pumping!



We touched down in NYC on a sunny Monday morning; sweaty, exhausted and hungry after a 23 hour flight in which we had typical airplane meals, my friend got searched for explosives and we almost missed our connecting flight. Thankfully our moods were lifted when we finally made it to our shuttle and were greeted by our enthusiastic driver and giddy fellow Au Pairs from

Mexico, Argentina and Brazil.

We arrived at our hotel after a mesmerizing drive and fun amateur tour of NYC from our driver. We freshened up quickly and went exploring! Times Square was first on our agenda and definitely lived up to the hype. Street performers entertained us and afterwards we wandered the streets like typical tourists, taking pictures of just about everything!

On Tuesday morning we met our wonderful instructors for the week and had great fun learning as a group. For our training on Tuesday we went through ages and stages of children from newborns to toddlers. For lunch time me and some Au Pair friends journeyed down to Central Park for a little picnic and just relaxed while taking in everyone and everything in the park.

Wednesday is without a doubt the highlight of my week in NYC. We started our day with a Child Safety and First Aid course. After that, my friends and I took our first ever subway to Brooklyn where we went to check out the Brooklyn Bridge! The view combined with the sunset was absolutely stunning and made my day!

Thursday was bittersweet. We began our day with training in positive discipline, prevention of problems and effective intervention for children. We had a fun and exciting cultural evening, where we got to tell everyone more about our respective countries. However we also had to say goodbye to our new friends that made the week in NYC memorable.

And so each of us were off on our own adventure now; giddy, excited and nervous to meet our host families. I was

warmly greeted by my host family at the airport and my host kids even made signs to welcome me! This has been a wild journey already and I'm so excited for all the adventures I'll get to experience with my host family and new friends!



Thanks for sharing your NY workshop experience with us, Jolene! We are so happy our new arriving Au Pairs enjoyed the workshop experience.

By Program Coordinator Meghan Jones, PIE France

I had the privilege of being able to participate in EurAuPair's Au Pair workshop in person recently and what a pleasure it was. Having been working on this program all through the pandemic, I know what a task it was to prepare and run these workshops online (and the work it takes to set up in person too!).



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About Us...

EurAuPair Intercultural Child Care Programs is a non-profit, public benefit organization designated by the U.S. Department of State to conduct the Au Pair cultural exchange program under the Fulbright Hays Mutual Educational and Cultural Exchange Act of 1961 and is intended "to promote mutual understanding between the people of the United States and other countries by means of educational and cultural exchanges".

If you would like to contribute to the EurAuPair Gazette, please email info@euraupair.com. We would love to hear from our Host Families, Au Pairs, Community Counselors, Area Coordinators and Partners.

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EurAupair Photos

Monthly Activities



CC Cheryl Gage from Grand Rapids, MI, took her Au Pairs to Muskegon Museum of Art Michigan for their cultural outing.

Back row, left to right: Bronwyn from South Africa, Keziah from South Africa, Lina from Colombia, Teagan from South Africa, Isabella from Brazil and Ayanda from South Africa.

Front row, left to right: Izelka and Denah from South Africa



CC Nicole Richardson, from Yulee, FL held her April cultural outing in Wicked Barley Brewing Company in Jacksonville, FL, alongside Goodby's Creek.

The girls learned how small craft brewing is a hobby turned hip business, for creative, young entrepreneurs.



CC Thaís Vassilieva Tomlinson from Philadelphia, PA with her Au Pairs.

From left to right: Virginia from Brazil, Gabrielle from Brazil, CC Thaís, Carmen from Spain and Berenice from Mexico.



CC Hannah Casey from Omaha, NE and her Au Pairs attended an Omaha Lancers Hockey Game and then went country line dancing. Their seats were lucky and were the only row in the stadium that won free lottery tickets!



CC Anna Klymovska brought her Au Pairs grape picking.



CC Swantje Nuckols from Chicago, IL took her Au Pairs to Lincoln Park Zoo for their March Meeting.

From left to right: Maeva from France, Cindy from Venezuela, Kia from Mexico, Paola from Mexico, Federico from Italy, Claudia from Spain and CC Swantje.

Diana Gonzalez Cruz and Dana Canales are originally from Mexico and for them it was the first garden experience dealing with vine scissors, and looking for most ripe fruits. Everyone had a great time sharing stories, cooking recipes, laughing, taking pictures and of course, tasting sun kissed grapes freshly picked.

EurAupair Photos

Monthly Activities



Area Coordinator Sabine Volkmann, took the Au Pairs tubing for their June meeting on Father's Day. Tubing is a very "Texas" thing to do and they all really enjoyed cooling off in the Comal river as the temperature has been over 100 degrees almost daily.

From left to right: Annija from Latvia, Daniela from Colombia, Nicoline from Denmark, Lorena from Venezuela, Mar from Spain, Andrea from Venezuela and Area Coordinator Sabine.



CC Hannah Casey from Omaha, NE with her Au Pairs for their monthly meeting.

Back row: Magui from Argentina and Patri from Spain.

Second row: Raquel from Venezuela, CC Hannah, Ylui from Venezuela, Autonne from France and Jannika from South Africa.

Front row: Yola from Venezuela



CC Patricia Vance from South Bend, IN brought her Au Pairs to an 18-hole game of mini golf for the July monthly meeting.

Left to right: Anabella from Argentina, CC Pat Vance and Loana Rojas Caldero from Argentina



Area Coordinator Heidi Thomas from Elkridge, Maryland organised a group cultural event with our DC and MD Au Pairs and their CC's.

They visited the US Naval Academy in Annapolis, MD as a group.



Simone from South Africa, Milk from Thailand and CC Pam from Wichita, KS met Laura (former Au Pair) for brunch at a new Wichita restaurant, The Magnolia Cafe, as their June outing.

The girls all shared videos of their host children's antics. Laura shared a photo of her new puppy.



CC Sukunya Anan from Ocoee, FL held a potluck picnic at Lake Eola park, FL. Everyone was excited about it because everyone brought their foods, snacks and drink from their country.

From left to right: CC Sukunya Anan, Tatiana from Argentina, Ana from Colombia and Areerat from Thailand.

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Although our Au Pairs from France appreciated this support immensely, being able to meet other Au Pairs in person, assist in the training sessions (especially health and safety) and explore Manhattan was something they really enjoyed and were able to benefit from so much more.

Everybody loved it and it made what was the first trip to New York for most of them, so special. When I asked my French Au Pairs what they thought about this workshop, their replies were very clear: meeting new people, feeling less alone in this experience and feeling more prepared to start their adventure with their host families and kids! I'm looking forward to hearing the feedback my next participants have to say, but I'm sure it will be just as positive.



Thank you Meghan for attending our New York workshop and providing continuing support to our French Au Pairs!

By Au Pair Camille Durand from France with the Caldwell Family in Ramsey, NJ

The workshop went well, We learned things during the day and visited in the evening. It was interesting. Otherwise for my departure in the family the shuttle was a convenient way to go to the airport.

By Au Pair Ana Hernandez Gonzalez from Spain with the Verstraete Family in Redwood City, CA

Being honest it was pretty cool, an opportunity to meet people from many different countries

that, for sure, they begin being your friends so we can meet again. About how was the residence there in New York, it was also amazing. We learned a lot during the training and also we could enjoy the city by ourselves.

By Arthika Surendra, Director of Operations

I absolutely enjoyed being at the first workshop in June. Starting the NY workshop required a lot of planning and we had to make many changes from 2020. I was really happy to see all our hard work had paid off when Au Pairs appreciated the workshop and being in NY as well. I personally enjoyed meeting everyone in person at the workshop and connecting with them individually.



All the Au Pairs work with two amazing instructors at the workshop (identified as Heidi and Lisa in the above picture with Arthika) who cover the required materials. Also the Au Pairs get hands on experience with First Aid and CPR training. Another important thing I noticed was, they felt comfortable meeting other Au Pairs in person before going to the host family. They were able to share their experience and understand the program as a team.

I was able to connect with the tour bus company when I was in NY for the upcoming workshops. We have had multiple tours since June and we received amazing feedback from our partners offices and the Au Pairs. It gives them an opportunity to see the iconic monuments and get to know the history of each one. They are on a private bus with just our EurAupair group which gives them more time to spend with each other.

Au Pair NYC Workshop Corner

"I really enjoyed the workshop because it is very interesting and I had the opportunity to know a lot of girls from all over the world having fun with them and practicing English."

"Good teaching! Everything was explained vividly with our own stories and that kept the attention very well. I also liked the tour and the food. Thank you."

"I felt comfortable, happy and excited. I learned a lot of things about taking care of children that I did not know. I like the experience of knowing people from other countries. This workshop allows me to know all the experience with child care topics."

"I learned so much about kids from the content provided. The instructors are so good and have a lot of knowledge about these topics."

"The instructors were fabulous, kind, welcoming and helpful. This is a great bonding experience for the Au Pairs."

"The training helped us with improving our abilities with the kids. I felt so good with the workshop because all the classes helped me with some doubts about the kids and what they really need from the Au Pairs."

"The patience of Lisa is great. She explained everything to everyone and very clearly. The materials of emergencies and discussion about taxes were very helpful."

"The safety procedures was really good to have done in person, I also liked when we were able to involve ourselves with our own experience or knowledge, getting to know other cultures for example while talking about punishment was a good example of different cultures."

"I felt fantastic, all of the agenda and activities were great to enjoy NYC and learn about relevant topics of being an Au Pair."

"All the presentations are very complete and easy to understand. There is a good attention to resolve any doubts that we can have."

"Lisa was a great instructor. I have learned much more about child development and about positive discipline."



Recipe Corner

Pao de Queijo from Brazil Au Pair Mariana Durares Rodriguez Brazilian Cheese Bread

Ingredients:

- 2 large eggs
- 4 cups tapioca flour
- 1 ¼ cups milk
- 1 ½ cup parmesan cheese
- 2 teaspoons salt
- 1 cup mozzarella cheese
- ½ cup water

1. Preheat oven to 375 degrees. Pour olive oil, water, milk, and salt into a large saucepan, and place over high heat. When the mixture comes to a boil, remove from heat immediately, and stir in tapioca flour and garlic until smooth. Set aside to rest for 10 to 15 minutes.

2. Stir the cheese and egg into

the tapioca mixture until well combined, the mixture will be chunky like cottage cheese. Drop rounded, 1/4 cup-sized balls of the mixture onto an ungreased baking sheet.

3. Bake in preheated oven until the tops are lightly browned, 15 to 20 minutes.

